Rationale:
At Caringbah North Public School, sport is an integral part of our school curriculum. Students need to be provided with opportunities to participate in a range of sporting activities and programs suitable for their ability and interests. Sport assists in the development of a healthy lifestyle by promoting physical activity. Sport is provided on a class, stage and whole school basis. School representative teams play in the Cronulla PSSA competition. Individual students may represent the school at Zone, Area and/or State in various sports, based on individual achievement at trials. This policy is to be used when selecting teams for PSSA, selection of students at Zone, and Regional representative trials and the procedure for selection of School Sports Champion each year.

Aims:
The aims of this policy include:
→ Provide an understanding of the various School Sport Programs at this school;
→ Establishing clear and consistent guidelines for the selection of school Sporting teams;
→ Establishing clear and consistent guidelines for the selection of students to attend Zone and Regional representative sports trials; and
→ Establishing clear and consistent guidelines for the selection of students to receive the Sports Champions School Awards.
**Weekly Sports Programs – K-6**

All students K-6 will participate in a weekly sports program. Students have the option to select their preferred program from the following options, depending on their age/class:

→ School- Based Sport  
→ Paid Sporting Activities  
→ P.S.S.A Competitions  

Students will also have the opportunity to participate in our annual carnivals:

→ K-6 Athletics Carnival  
→ 3-6 Cross country Carnival  
→ 3 -6 Swimming Carnival  

Students in year 2 who turn 8 years during that year are able to participate in our swimming and cross country carnivals.

**School Based Sport**

School based sport programs are available for students K-6 who are not selected in P.S.S.A teams or participating in paid sporting activities. The programs focus on Fundamental Movement Skills, incorporating game based activities. Fitness activities, such as Jump Rope, or aerobics or tabloid activities could also be undertaken as part of this program. Sports and activities selected will be chosen according to the interest of the students, teacher expertise and experience and relevance to the time of year.

**Paid Sporting Activities**

*Students K-6 may also elect to participate in a paid sporting activity. These activities take place both in and outside of the school. Students involved in these activities pay fees to participate. Activities to choose from are dependent of the season, availability of venues/activities and a minimum number of students participating. Examples of activities include swimming, gymnastics, tennis, lawn bowls and YMCA Gymnastics.*

**School P.S.S.A Sport (8 years +)**

Representing the school provides an opportunity for talented athletes (aged 8 and above) and for those students who have not had the opportunity to play a particular sport to be involved in a team sport, competing against students from other schools. Representing the school is an honour and students who represent the school have the responsibility to compete at all times in a manner that demonstrates good sportsmanship, fair play and exemplary behaviour. Teachers take on the role of coach in a voluntary manner.

The number of teams entered into competitions each season will be dependent on student age/interest, staff availability and the ability of the draw to accommodate teams.
Students may choose to trial for these teams. If selected, it is expected that the students will fulfil their commitment to the team until the completion of the season, unless injured or another satisfactory reason is provided. Below is the selection process for P.S.S.A teams and regional, zone and state teams.

**Selection Process:**

When selecting students during trials, consideration will be given to those who display:

- Sportsmanship;
- Cooperation and attitude;
- Commitment to training sessions;
- Possession of the basic competencies for the activity under question; (competencies = skills, knowledge and attributes.)
- Ability to perform as a member of a team;
- Behaviour – A student’s behaviour may be taken into account;
- Coach-ability – Can the student respond appropriately to the instructions given for the particular activity? ;
- Willingness of the student to participate;
- Consideration of rules and/or guidelines of PSSA;
- Consideration to forming balanced teams that will have the potential for development in future years;

At the beginning of each season, trials will be held in each sport in which students will participate as part of the Cronulla PSSA. The sports in which we choose to participate will be determined by school policy, needs of students and the ability to meet guidelines/criteria as set out by Cronulla PSSA (ie venue, equipment necessary, teacher willingness and skills)

- The school will observe all rules and guidelines for participation as set out by the PSSA. For example the school must follow strict rules governing number limits, grade, age, gender, skill level (if applicable) and safety requirements.
- Junior Teams will be selected from students aged 8, 9 and 10 (the age they are turning in the current school year).
- Senior Teams will be selected from students aged 11, 12 and 13 (the age they are turning in the current school year).
- Selections will be held over a minimum of two sessions.
- Reserves are required to be selected, with numbers of reserves depending on the sport and number of on-field players.
- Where there are two children of equal ability the child from the higher grade will be selected.
→ Children do not have to participate in this sport out of school to be eligible to try out for the team.
→ Students absent due to illness/injury for all trial sessions will be considered if appropriate time exists prior to selection of the team. This will be determined by the coach of the team.
→ The selections will be made according to performance on selection sessions at school, please note performances outside of school for a sporting club are not considered as part of the trial.
→ All teams will be selected by a minimum of two teachers/selectors including the coach of that sport.
→ If it is not stated that it is a single sex team, then the teams may be made up of mixed sexes, with a minimum number of each gender selected.
→ A child may only play in the next age group if there are inadequate numbers to make a team or as a reserve in a one off match. Students are ineligible to play down an age group.
→ The responsibility for deciding who is to represent the school in a particular activity will lie with the member of staff in charge of, or coordinating the activity. While taking account of the guidance offered by the preceding elements of this protocol, professional judgement will be relied on in all selections.
→ Once selections have been made, decisions are final and must be respected.

Parents are requested not to discuss the selection process with selectors unless specifically referring to the trial dates.

The School reserves the right to:
→ Withdraw any student whose behaviour is of concern to staff. This includes behaviour in the classroom or on the playground, behaviour on school excursions or whilst travelling to and from school. Parents will be consulted in this instance.

Responsibilities of selected Students and Parent/Carers

Selected students and their parents/carers have additional responsibilities including:
→ Reading and committing to a code of conduct (Parents and Players) – including behaviour during transport and when indirectly supervised.
→ Attending any training.
→ Wearing the entire uniform.
→ Adhering to school rules.
→ Understanding and adhering to the rules specific to the activity.
→ Meeting any associated costs.
**Selection of Students at Zone, Regional Representative Trials**

Students will have the opportunity to trial for relevant school P.S.S.A sports. The school team will be selected on performance at School Carnivals. Relay teams will be selected by the Sports Convenor based upon results at the school carnival, and other factors such as previous performance within school competition and training. If necessary, selection trials may be held to determine relay positions.

**School Representation to Cronulla Zone or Sydney East Regional Team Trials**

Cronulla Zone P.S.S.A provides the following information in relation to sending students to Zone Trials:

> “please be advised a Zone Trial is **not a COME AND TRY** day. It is a competitive event to choose a team to compete at a regional level. All 17 schools are entitled up to a maximum of 4 students and if on professional judgement you have more, you must contact the convenor of the sport.

> **Students who trial are selected because of experience in their sport usually at a representative level or due to teacher judgement of natural talent displayed.”**

Caringbah North Public School will nominate students to attend Zone and/or Regional trials based on the following criteria:

- Students must be enrolled pupils at Caringbah North PS
- Students must have the school’s permission to trial, nominated by the School Sports Organiser and endorsed by the Principal. Both the School Sports Organiser and the Principal must sign the Zone or Regional permission note
- Students must meet the age requirements and any other criteria if specified
- Students must have ability in the sport trialling. This can be determined by past school experience, including Zone/Region representation, or by school coach recommendation if the sport is played at school level; and
- Students must have a good behaviour record and cannot be under school suspension.

Supervising teachers will nominate students from school teams who are deemed suitable for representative trials. These students will generally be senior students (aged 11 and above). Junior students will only be considered in exceptional circumstances and where outstanding ability, experience and achievement have been demonstrated. For P.S.S.A sports NOT played at school level, students are able to nominate their interest in attending Zone or Regional trials. They will need to meet any criteria specified by the relevant Association and/or Convenor. In addition, students will also need to demonstrate appropriate experience and ability to the School Sports Organiser. This may include years of playing, and any club or representative teams of which the students plays. Students will be considered upon meeting any criteria. The School Sports Organiser will then determine which students will be nominated to attend trials based on Zone or Regional trial information and student demonstration of experience and ability.
**Cronulla Zone P.S.S.A and Sydney East S.S.A Selection Policies**

The selection process of both the Cronulla Zone P.S.S.A and Sydney East P.S.S.A must be followed in order for students of Caringbah North PS to be eligible for selection. Please see attachment for Selection Policies and Codes of Conduct.

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**Criteria for Selecting Champion Sports Boy/Girl**

Selection is based on student's representation at Zone, Regional, State and National levels.

**Individual Sports:**

- One point for attending Zone trials
- Two points for attending Regional trials
- Three points for competing in state championships
- Four points for competing in National Championships

**Swimming/athletics/Cross Country**

- One point for each event entered at Zone level
- Two points for each event entered at Regional level
- Three points for each event entered at State level
- Four points for each event at National level

**School Teams/Sport**

- One point given for each team the students is a member of

Team coaches give extra points for the input of student in the team. This may include

- Attendance at training
- Team sportsmanship
- Encouragement of team members
- Playing fairly

Up to two more points will be given to the student based on above criteria.

Two points are also given to a student who is Athletics or Swimming Champion.
Attachments

1. Cronulla Zone P.S.S.A Selection Policy
2. Medical Insurance Information for students participating in P.S.S.A events
3. Caringbah North PS – code of behaviour
Selection Policy

CRONULLA ZONE PSSA
SELECTION POLICY

Amended 2012

Selection Policy:

1 Carnivals:

Students must compete at a Zone Carnival in order to allow them to be considered for selection in the Zone team to compete at the Regional Carnival.

Students must compete at the Zone Carnival in order to allow them to be considered for selection in the Zone team to compete at the Regional Carnival,

, unless they are:

a) Competing at a higher level school sport competition.

b) Suffering injury. In this case, a Doctor’s certificate must be presented.

In these cases, a request for consideration for inclusion (form) in the Zone team must be presented to the Convener. This is to be verified/endorsed by the student’s Principal and school sportsperson listing the student’s School performance and any relevant previous Zone/Regional performance in that sport. This will then be considered for selection by a panel i.e. Executive and Convener. Inclusion in the Zone team under these circumstances will not be at the expense of individuals who have competed at, and qualified for the Zone team based on the qualification procedures determined by the Sydney East PSSA, and is also subject to approval from the relevant Sydney East PSSA Convener. Submitting a consideration for inclusion does not guarantee inclusion in the Zone Team. In these cases a request for inclusion form must be presented to Zone Convener two school days prior to Zone Carnival.

CRONULLA ZONE PSSA Consideration of Entry Procedures:

Zone Convener will inform in writing on behalf of the executive to the pupil and pupil’s school the following information if Consideration of entry is granted.

A Doctor’s clearance must be obtained and presented at least 2 school days prior to SE PSSA regional trial for the pupil to join the Cronulla Zone PSSA team. Convener or the school sports teacher to sight the Doctor’s clearance (make a copy to present or fax to Zone convener). If no Doctor’s clearance, the pupil would be ineligible to join the Cronulla Zone PSSA Team and take part in SE PSSA regional trial.
c) Member schools should contact relevant zone convener and discuss exceptional circumstances for zone inclusion. Zone Convener must seek ratification through the Zone executive.

d) Zone Convener and the Cronulla Zone PSSA Executive will make the final decision on any inclusion into Zone team.

e) Cronulla Zone PSSA conveners to organize all aspects of running the zone carnival e.g. venue, uniform, format.

2 Teams

Students must compete at the Zone Trial in order to allow them to be considered for selection in the Zone team to complete at the Regional Trial.

All students trialling for a Cronulla Zone PSSA Team need to have the school’s permission to attend Cronulla Zone trials. The school Principal must sign the student’s ZONE consent/permission form prior to the Zone trial to allow participation in the Zone trial. The signed permission note should be returned to the Cronulla Zone Convener by the due date/ or at least 2 school days prior to the trial. Students who do not have a Zone consent form signed by the school principal will not be allowed to trial.

Students must compete at the Zone Trial in order to allow them to be considered for selection in the Zone team to complete at the Regional Trial,

, unless they are:

a) Competing at an approved school based activity or higher level school sport competition.

b) Suffering injury. In this case, a Doctor’s certificate must be presented.

In these cases, a request for consideration for inclusion (form) in the Zone team must be presented to the Convener. This is to be verified/endorsed by the student’s Principal and school sportsperson listing the student’s School performance and any relevant previous Zone/Regional performance in that sport. This will then be considered for selection by a panel i.e. Executive and Convener. Inclusion in the Zone team under these circumstances will not be at the expense of individuals who have competed in and qualified for the Zone team based on the qualification procedures determined by the Sydney East PSSA, and is also subject to approval from the relevant Sydney East PSSA Convener. Submitting a consideration for inclusion does not guarantee inclusion in the Zone Team. In these cases a request for inclusion form must be presented to Zone Convener two school days prior to Zone Carnival.

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A Doctor's clearance must be obtained and presented at least 2 school days prior to SE PSSA regional trial for the pupil to join the Cronulla Zone PSSA team. Convener or the
MEDICAL INSURANCE

Please note the following information regarding Medical Insurance relating to the conduct of School/Representative based sporting activities. This information is included in the permission note provided to all Regional representatives who participate in Sydney East activities. It may be of interest for you to include this statement in your school based permission notes.

**Important Information:** In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education and Training for students in relation to school sporting activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child’s involvement in the sport program offered by the school, school sport zone, area and state school sport associations when deciding whether additional insurance cover is required. Personal accident insurance cover is available through normal retail insurance outlets. The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body. Further information can be obtained from [www.sportinginjuries.com.au](http://www.sportinginjuries.com.au)

Bruce Riley  
*Regional Sports Organiser*  
*Sydney East SSA*  
17 February 2010
CODES OF BEHAVIOUR FOR SPORT

August, 2013
Dear Parents and Students
Schools participating in PSSA sports have Codes of Behaviour for parents, spectators and players.
You are requested to read and discuss the accompanying codes with your child before returning the tear-off slips to school. Thank you for your co-operation in this very important matter.
Sonia James         David Roffe
Sports Coordinator       Principal

PARENT'S CODE
If children participating in sport are to develop basic skills and experience the fun of playing they require thoughtful and purposeful adult assistance.
(The Hon. Baldock, M.H.A Tasmania)

1. Do not force an unwilling child to participate in a particular sport.
2. Remember your children are involved in organised school sport for their enjoyment and fulfilment, not yours.
3. Encourage your child always to play by the rules.
4. Teach your child that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
5. Encourage your child to work towards skill improvement and good sportsmanship. Never ridicule your child for making a mistake or losing a competition.
6. Remember that children learn best by example. Applaud good play by your team and by members of the opposing team.
7. Do not publicly question the officials' judgment and never their honesty.
8. Appreciate the contribution and commitment of teacher-coaches. They give of their time and resources to provide sporting activities for your child.
9. Have realistic expectations for your child and his/her team – do not expect more than they can give.
SPECTATOR'S CODE
The role of the spectator is to enhance the players' enjoyment.
(R. Coggan, NSW Public Schools Sports Council)

1. Remember that students play organised sport for their own enjoyment. They are not there to entertain you and they are NOT miniature professional athletes.

2. Respect the officials' decisions.

3. Be on your best behaviour. Do not indulge in physical or verbal abuse of players, coaches, officials' or other spectators.

4. Applaud good play by your own team and the opposing team.

5. Show respect for your opponents. Without them there would be no game.

6. Never ridicule a player for making a mistake or losing a competition.

7. Do not encourage or condone the use of violence in any form.

8. Encourage players always to play according to the rules.

PLAYER'S CODE
It isn't whether you win or lose, but how you play the game. (from Grantland Rice)

1. Play for the fun of it.

2. Compete by the rules and always abide by the referees' / umpires' or touch judges' decisions.

3. Control your temper. Make no criticism either by word or gesture.

4. Work equally hard for yourself and your team - your team's performance will benefit and so will your own.

5. Be willing to train and prepare for the game. Preparation helps prevent injury and increases the level of enjoyment.

6. Play only when you are fully fit. To play with an injury will handicap your team and may expose you to the risk of serious, lifelong injury.

7. Be a good sport. Encourage fellow team members.

8. At all times co-operate with your coach, team mates and opponents - without them you do not have a competition.

9. Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.